## **Guidelines for Postdocs in the Holland Group**

These outline my expectations for postdoctoral fellows. You were hired because your record shows that you have a lot of promise, and we aim to help you reach your potential.

- 1. Set a good example.
  - safety
  - careful experiments, no shortcuts
  - treat other group members with respect
  - group jobs put the group first
  - consistently use scientific method as approach logical thinking
  - excitement about research
  - demonstrate a solid work ethic: students should see by example that research is not just a 9-5 job: it will require some evenings and weekends.
- 2. Talk to students.
  - about your experiments share excitement
  - about their experiments. Don't just answer their questions: make sure they learn how to think independently. Show them how you approach problems.
  - Let no white board go unused. Discussion is how we learn science in a research setting!
  - Be critical, in a constructive way.
- 3. Research productivity.
  - self-motivated
  - learn to look at the big picture
  - creative ideas
- 4. Have a goal.
  - Education. What do you aim to learn while in the Holland group?
  - Career. What do you hope to gain from your time here?
  - Define steps that will help you to achieve these goals.
  - We are here to help you succeed. I will do what it takes to enable you to find the job you want (e.g. taking time to write job proposals, prepare for interviews, etc.)
- 5. Bring something to the group.
  - Share your previous experiences to make the group better.
  - Become the group's authority on at least one subject.